

## Conducting the 3-15 Interview

This, like the annual, is fairly easy to do if you read and follow the directions.

### Background

The 3-15 interview is done for all participants who enter the study at or under 12 months of age. This should include all NEC's, NOC's, and baby SOC's. The 3-month interview is to be done at 3 months of age (or close to it) and covers 0 to 3 months of age, the 6-month at 6 months of age and covers 3 to 6 months of age, etc. Most of the questions in the 3-15 are the same as in the annual with a few additions. The additions and other problem areas are what we will cover today.

### Pages 2-6 (Breastfeeding questions)

Ask the questions as they are written. This ensures that everyone is asking them the same way and getting near the same information.

- Stop date: we need a month, day, and year. If the parent doesn't have the exact date, try to narrow down the month they stopped and then ask "beginning, middle, or end of the month" and estimate (like 5/3/01 for the beginning of may, 5/15/01 for the middle, 5/25/01 for the end).
- For illnesses while breastfeeding: if "yes" the month and year is all that's required for date started unless the mom has the actual date.
- For the water questions, it is tap water only (not filtered or bottled). It also includes drinks made with tap water (see the list)...and COFFEE!

### Page 6 (Wheat questions)

These are to be done at the 6-month interview IF the mom is breastfeeding at 6 months. If the mom is not available to answer these questions at the 6-month interview they are to be done at the 9-month interview and the bolded "NO" at the top of the page should be circled.

### Pages 7-8 (Infant diet history)

(Read instructions on page 6)

- Date = Date the child first tried the food or milk
- Box with the "<1" in it is to be filled in for the period of time between 0 (birth) and 1 month of age, the 2 box is for the month between 1 and 2 months of age, etc.
- For breast milk I ask, "How many times was \_\_\_\_ nursing per day between 3 and 4 months".
- For formula I ask "Has \_\_\_\_ gotten any formula during the past three months?" Or "Has \_\_\_\_ continued to get \_\_\_\_ formula in the last three months?" If yes then I ask "How many bottles per day did they get of the formula between when they were 3 and 4 months old?" (Serving sizes vary by age, which is fine, we want to get number of times they were exposed to the food either per day or per week).

The basics are to get the date they first tried the food (again prod to put down an actual day month and year i.e. if they say the child first tried it at about 7 months and you can see that the child turned 7 months in September I say "Ok so in September?" if they say H:/NIDDK Submission/DAISY MOO\_2021

yes I ask “ the beginning, middle or end of September?” and then estimate the date from their answer) and the number of times per day or per week that they get the food. (For the per week foods see the chart in the upper left of the diet grid for coding)

Food types:

- Cows milk can be any kind of cows milk (2%, 1%, skim, whole, Vit A&D- NOT powdered milk or condensed milk)
- Other fresh milk can be goats milk, **soymilk?, rice milk?**
- Fruit juice can be any kind, and count servings of ALL kinds of fruit juice here
- Cereal- See codes for the different kinds. If they have one serving but they rotate between types of cereal then put in \_\_\_\_\_ servings per week for each kind (i.e. they say they get two servings of either oatmeal, rice or mixed everyday then you figure out 14 total servings per week divided by 3 kinds of cereal is about 5 servings of each a week and code each one .7 for servings) NOTE: this is not an exact science but get as close as you can to the truth. **Adult Cereals-** (Code 77) write down which one or ones (i.e. Cheerios, Rice krispies, Kicks, etc.) and then get TIMES PER DAY for all together.
- Fruit can be ANY kind of fruit (we don't care if they tried apples or bananas first) and it can be in baby food form, canned, fresh, or frozen or anything else (not the gummy bear type- those are a candy). One bottle of food is not necessarily one serving so ask for times per day or times per week.
- Vegetables can also be any kind in any form (baby food or otherwise). Also the vegetables in the baby food “dinners” like turkey and vegetables or vegetables and pasta count. Again ask for times per day or per week because they may give one bottle of food in little bits three times a day.
- Meat can be strained (baby food) or in any other form and can be any kind of meat EXCEPT hot dogs, bologna, and other processed lunchmeats (ham and cheese loaf etc.). The processed meats have their own category.
- For the breads category count servings of all together. Graham crackers, Vanilla wafers, teething cookies, etc have more sugar in them and count as a “cookie, candy or cake”, not as a cracker.
- Dairy products- again count servings of all together. A lick of ice cream is an exposure. **(is it a serving?)**
- Eggs can be just the white (little ones aren't supposed to eat the yolk because of salmonella etc.) or the whole egg. **To Ask: Do we count foods made with egg like custard in this category, or is it just egg (scrambled, over easy etc)**
- Cookies, Candies, Cakes includes graham crackers, vanilla wafers, teething cookies, gummy fruit snacks (by Gerber) and anything else made primarily with sugar.
- Potato chips, corn chips, pretzels, etc. Include “other snack foods”. A lot of babies like cheetos (the right size to grip and they can suck off the cheese dust) and they should be included in this category.
- Other: See list of formula and food codes attached.

Pages 15-16 (Allergies)

Be sure to make sure that if the parent says they are not allergic that they HAVE BEEN EXPOSED to the food. **Question: For non-food allergies does eczema count?**

Page 27 (Daycare)

For this we are looking for regular exposure to non-sibs, so grandma's house with cousins does count as daycare.

Page 28-29 (Stressful events)

For this we are looking for events that have impacted the child.

Immunization Reaction- Although we get immunization information from their physician be sure to ask if they have had any severe reaction to any immunizations.

Page 30 (Pets)

This is to be asked at the **6-month** interview only. If "yes" then circle the yes at the top and find out what animal(s), how many, etc. If "no" then circle the no at the top and move on to the next question.

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For the number of people living in the house, this is to be asked at the 6-month interview, as is the number of rooms.